

# MID-SUMMER CHECK-IN

1 On a scale of 1 to 10, how would you rate your summer so far? 1 being not great to 10 being amazing.



2 Why did you score it that way? What's gone well? What's not gone well?

3 What have been some highlights for you and your family?

4 Have I accomplished the goals or plans I had for summer? If not, can I still schedule them into our calendar? Or have I changed my mind?

5 What's been the biggest surprise of summer so far?

6 What's something that's been a challenge? Can you make a small tweak to help with this? If so, what can you try?

7 What do my family and/or I want to do more of in the final days of summer?  
What do my family and/or I want to do less of?